

SESSION 8: MOVEMENT

PRIDE NAME: _____

DIRECTIONS: Today, you will be choreographers and create a dance in which Simba and Nala sneak away to the Elephant Graveyard.



1. Each Pride member should create a movement unique to them, that helps to tell the story (examples: stretch, tip toe, hide, skip, etc.) Pride members should choose movements that feel comfortable and safe for their bodies.
2. Consider what order the movements should go in to best tell the story. After everyone has created a movement, work with your Pride to circle the movement qualities that should be in your dance:

High	Medium	Low
Bouncy	Grounded	Light
Heavy	Fast	Slow
Sharp	Fluid	

3. Practice your individual movement again, but this time exaggerate it by using one of the circled movement qualities.
4. Next, work as a Pride to combine the movements into a full dance. Be sure that your dance tells the story and includes everyone's movements. Each Pride member is encouraged to adjust the movements to specifically fit their bodies and needs.



SESSION 8: MOVEMENT

PRIDE NAME: _____

DIRECTIONS: Today, you will be choreographers and create a dance in which Zazu searches for Simba.



1. Each Pride member should create a movement unique to them, that helps to tell the story (examples: fly, look, hide, etc.) Pride members should choose movements that feel comfortable and safe for their bodies.
2. Consider what order the movements should go in to best tell the story. After everyone has created a movement, work with your Pride to circle the movement qualities that should be in your dance:

High	Medium	Low
Bouncy	Grounded	Light
Heavy	Fast	Slow
Sharp	Fluid	

3. Practice your individual movement again, but this time exaggerate it by using one of the circled movement qualities.
4. Next, work as a Pride to combine the movements into a full dance. Be sure that your dance tells the story and includes everyone's movements. Each Pride member is encouraged to adjust the movements to specifically fit their bodies and needs.



SESSION 8: MOVEMENT

PRIDE NAME: _____

DIRECTIONS: Today, you will be choreographers and create a dance in which Timon and Pumbaa discover Simba sleeping in the desert.



1. Each Pride member should create a movement unique to them, that helps to tell the story (examples: hide, tip toe, creep, poke, etc.) Pride members should choose movements that feel comfortable and safe for their bodies.
2. Consider what order the movements should go in to best tell the story. After everyone has created a movement, work with your Pride to circle the movement qualities that should be in your dance:

High	Medium	Low
Bouncy	Grounded	Light
Heavy	Fast	Slow
Sharp	Fluid	

3. Practice your individual movement again, but this time exaggerate it by using one of the circled movement qualities.
4. Next, work as a Pride to combine the movements into a full dance. Be sure that your dance tells the story and includes everyone's movements. Each Pride member is encouraged to adjust the movements to specifically fit their bodies and needs.

